



## Club RugbySafe Lead

***Please note all role descriptions are for guidance only. Please adapt/add to this basic information to ensure it is relevant to your club's requirements.***

### Purpose

Player Welfare, and making rugby as safe as possible, is the joint responsibility of all involved in the game. It is important that good practice is embedded across all clubs to support the promotion of a proactive approach to player welfare and safety.

### Key aspects of the role

#### 1. First Aid / Immediate Care Pitch-side Provision

Review the club risk assessments and RFU's recommended minimum levels of immediate care (IC) and/or first aid (FA) guidelines to identify what level of first aid/ immediate care is needed. Create a plan to ensure that every training session and match is covered by an appropriately qualified First Aider/Immediate Care Practitioner.

#### 2. Training & Equipment

Organise training to ensure all appointed first aiders are trained and up-to-date with an appropriate level of qualification in line with RFU guidelines (e.g. RFU Emergency First aid in Rugby Union course). Manage the stocking and general maintenance of first aid supplies and equipment, making sure the first aid equipment and kits are suitable for the level/amount of activity and those trained to use it.

#### 3. Emergency Action Plan

Along with our key personnel in the club, develop an Emergency Action Plan to ensure there is a clear process in the event of an incident/injury. Develop a process to ensure that these procedures are known and understood amongst appropriate individuals in the club. Copies of this plan are to be displayed on the club website and at suitable locations within the clubhouse.

#### 4. Reporting

Ensure there is process in place to keep records of player medical conditions, monitor injuries and report incidents/injuries as they happen in line with RFU reg-



ulations. Injuries/accidents which should result in the generation of an accident report form are deemed to be those where supplies from the first aid kit are used to enable a player to continue playing/training i.e.bandage, plaster and/or strapping, but not medical wipes for the clearing of blood. An accident report form **must** be generated for any player who leaves the field of play/training as the result of injury.

All completed accident report forms are to be held for 3 years from the date of the incident in accordance with club Data Protection requirements.

Liaise with the CB Head of Sports Medicine regarding medical concerns of all county players regardless of level/Age Group.

## **5. RugbySafe**

Utilise the RFUs RugbySafe scheme and guidelines (e.g. management of concussion), work with other key personnel (e.g. coach coordinator and safeguarding officer) to support wider best practice and ensure that all club volunteers and parents are aware of how to support player welfare.

## **CB Liaison**

Provide and receive from both the CB RugbySafe Lead and Head of Sports Medicine information relating to player welfare. Information received is to be disseminated to the relevant areas within the club.