

Information for all Walking Rugby sections and Leads

Walking Rugby is intended to be a simple version of Rugby suitable for ex-players, injured players and non-players of all ages, abilities and gender who enjoy an active and physical, passing game using a rugby ball.

RFU suggest 55 and over, but we are happy to include players as young as 16 if they cannot play full contact or Touch/T1 rugby for whatever reason.

Clubs currently participating in Walking Rugby in Dorset and Wilts CB together with contact details are:

D&W CB Walking Rugby Directory				July 2025
Club	Lead	Contact	Telephone	SESSION DETAILS
Amesbury	Zacha Reed	amesburyrfc.walkingrugby@gmail.com	07538 609679	Sat 1000, & Thur 1800 - Evening session outdoor in Summer, indoors in Winter
Calne	TBC - Shown Club Chair	susan.brownlie@hotmail.co.uk	No number	Awaiting info from Peter or Sue Brownlie
Chippenham RFC	Stuart Murrow & Steven Bridges	walkers@chippenhamrfc.co.uk	(0)7870193785	Friday Evening
Corsham	James Williams (Temporary)	chairman@corshamrfc.com	07726 888868	
Devizes RFC	Rob Edwards	rn.edwards@btopenworld.com	07542 071745	Friday 19:00 - 20:00
Marlborough	Amanda Palmer	amanda@wgbulklogistics.co.uk	07976 335400	Wednesday 1900-2000
Melksham RFC	Richard Grieshaber	richardgrieshaber@hotmail.com		Monday 18:00
Royal Wootton Bassett	Andy Collier	walkingrugby@rwbrfc.club	07803 041880	Mon 1800
Salisbury RFC	Richard Lloyd	lordlloyd1@gmail.com	07977 917009	Tuesday 10.30-11.30 Thursday 6.30 -7.30
Trowbridge	Aaron Bilsdon	trowbridgewalkingrugby@gmail.com	07963 180816	Friday 18.30 - 20.00
Warminster	Phil Redding	philipredding@btinternet.com	07535 153578	
Wheatsheaf	Ben Brown	wheatsheafrugby@gmail.com brownbj@btinternet.com		Sat Mornings
Wimborne	Graham Reeves	secretary@wimbornerugbyclub.co.uk	01202 840928	Friday Morning 11.00am to 1.00pm

We encourage any club thinking of starting their own WR section to contact the D&W lead, Emily, for support and talk to other clubs with WR sections.

Lead contact: Emily James - Salisbury RFC/D&W RFU – ejames404@outlook.com

Clubs should set up teams as Walking Rugby on GMS, pointed out by the RFU Find Rugby page. Please contact Dave Wookey for guidance and instructions for GMS at: rugbyadmin@djawltd.com

It is also advisable to register with the RFU Touch Union:

<https://www.englandrugby.com/participation/playing/ways-to-play/the-touch-union>

as this should result in some funding and equipment being issued to you by RFU and make you more visible on public web pages.

(There has been concern that RFU T1 Rugby will take over from WR, RFU say this is not the case, and WR will continue as is and that RFU are investing in the game.)

In Wiltshire, The Wiltshire and Swindon Sports Partnership have provided some funding and equipment also. To release the funding, please contact Emily on the above details (Sorry to clubs in Dorset as this is not available outside Wiltshire) There are three left!

We run an annual festival for D&W in Walking Rugby in April/May each year for the DJAW Ltd Trophy. The winners in May 2026 were Trowbridge. We have moved away from a Tournament to a Festival of Rugby where the emphasis is on sportsmanship, now we have many more teams. Next seasons 2027 Festival will be in May (exact date tbc) at club tbc (Amesbury have requested to host so are waiting for confirmation)

Guidelines to playing the game can be [found here](#) (Pitch layout diagram can be found [here](#)) Refereeing this version of the game is important. We are fortunate to have a referee trainer at Amesbury and Salisbury, and referee training sessions were run earlier in 2026. We will endeavour to run a referee training session every year so please contact the D&W WR lead if you wish some of your players to brush up on their skills, or new players and clubs wish to ensure they have referees.

Old Reigatian RFC has set up a national Walking Rugby website

WALKINGRUGBY.CO.UK

which is worth a look as that contains a list of festivals which they keep up to date.

Note: This is not an official RFU linked site nor do D&W RFU endorse it.

There are other sites connected with national walking sports

<https://www.walkingsports.com>

Berkshire CB also have a page <https://www.berksrfu.com/walking-rugby/>

and BBC created this Video <https://youtu.be/se4nNmSFFyA>

D&W RFU Walking Rugby Lead is Emily James - Salisbury RFC/D&W RFU - [email](#)